HOME is a free housing information and referral service for seniors.

ome's free assistance is available to seniors and their families who are faced with the overwhelming task of finding quality senior housing options. HOME uses a customized database of over 800 facilities. These range from Retirement Communities to multiple types of Assisted Living/Care Homes. Each referral is individually hand picked. We're more than a list – we're a helping hand!

Housing options include:

- · Retirement Communities
- Large Assisted Living Communities
- Alzheimer's/Dementia Care
- Small Care Homes/Board & Care/RCFE (Residential Care Facility for the Elderly)

Housing Options Made Easy for elders saves you unnecessary frustration and time by only recommending housing options in the Greater Sacramento area that meet our high standards of care.

Our heart goes out to you during this time because we understand what you're going through. Our commitment is that we will be there with compassion and concern because we really care about the outcome. We are proud of the reputation we have established in the community and look forward to talking to you about your loved one's needs.

Our services are provided at NO cost to you. Give us a call today (916) 977-0188

Y Family Support:

We advocate that seniors stay in their homes until the home situation becomes unsafe or cost prohibitive. HOME is experienced in assessing when placement is necessary and recommends the best housing fit available for the level of care required. We are proud of our reputation for responding quickly in a time of crisis.

In the past, many seniors believed that a skilled nursing facility was the only option when they could no longer live at home. Today, there are many alternatives where seniors can maintain their independence, pride, dignity, and respect in a safe, non-institutional environment.

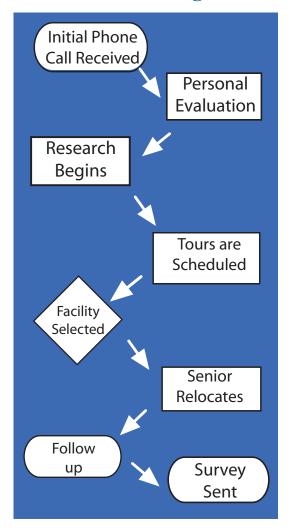
Let us help you explore the options and find appropriate housing that matches the needs based on location, level of care, and affordability.

Y Experience matters:

HOME is locally owned and operated by Janet M. Kelly, a Gerontologist and Senior Advocate.

Janet has worked in the healthcare field since 1978, including a position as Director of Marketing for Home Health Care, which is where she discovered her passion for working with seniors. Janet obtained a degree in Gerontology and started HOME to work more closely with the senior population. Her own experiences of trying to find appropriate housing for her parents has helped her understand the importance of hands-on assistance during the process. Janet can empathize with decisions you face because she has faced them herself. She was there for both her parents while they experienced all stages of care.

♥ Free Assistance Program



♥ Housing Options

It is our goal to minimize the worry and distress you may be feeling as you prepare to search for a new home for a senior who is unable to stay in his or her own home. Our Gerontologist will meet with you and your loved one to assess the appropriate level of care based on medical conditions, mental capacity, mobility, and overall needs. Following in the next column provides a snapshot of housing options for seniors.

Housing Types

Average Costs

RCFE Small

\$2,000** to \$4,500/month & up

Licensed by the State of California, as Residential Care Facilities for the Elderly (RCFE) offer 24-hour care in a home-like atmosphere. Care homes specialize in providing more one-on-one attention to frail seniors with physical limitations and/or residents with Alzheimer's or Dementia. They also help with bathing, dressing, incontinence care, medications, and meals. Some offer transportation services.

Multi-Level Care Community

\$3,500* to \$8,000/month* & up

Licensed by the State of California, 24-hour Multi-Level Care Community allow a senior to remain at one facility for a long period of time. The level of care may be increased or decreased as the elder's needs change, without the disruption of relocating to another facility. They often provide all types of care, which may include independent living, assisted living and Alzheimer's and Dementia care.

Standard Assisted Living

\$2,000** to \$3/3,500/month - All Inclusive

State Licensed bγ the of Assisted Living Communities provide 24-Assistance with management, bathing, dressing, housekeeping, and transportation are laundry, provided for a flat rate-no extra charges or levels (unlike above). All communities also have activity programs.

Retirement Communities

\$1,200 to \$3,500/month & up

A Retirement Community is for more independent and active seniors who may be somewhat frail or socially isolated but do not need 24-hour hands-on care. Each community is unique in what they offer. Services include meal(s), transportation, house-keeping, and social activities.

^{*}Prices are based on single occupancy. Prices vary. Level of care not included.

^{**}Based on shared accommodations.

Testimonials

Kind comments from families—

"Trusted professionals told me about HOME's service. HOME exceeded my every expectation in finding a quality facility for my Mother. They then made the selection process easy with tailored options. In half a day I was able to tour five facilities, and using HOME's facility checklist, was able to find the perfect match. I was impressed with their process, compassion, and courteous and expedient follow-up. I would highly recommend HOME to my friends and family."

- William T.

"We were given complete information and the advanced calls to the facilities for prospective clients was very helpful. I liked the feeling that HOME was always a step ahead of everything and they were there when I needed them. Thank you so much!"

- Ed Webb

I didn't know how or where to begin looking for a place. HOME was such an enormous help due to their compassion and knowledge of the different types of facilities. They genuinely care about their clients, rather than just running a business! They provide a great service in an often confusing and emotional part of life. I have recommended HOME to several people and will continue to do so whenever the opportunity arises."

- Jan Meier

"...Thank your team for the great support. Janet was invaluable in helping us with her quick responses, industry knowledge, and kind support through the transition."

- Roz S.

"I just really want to thank you for everything. You were a great help during one of the hardest parts of my life. The work you do is very important. I am thankful people like you exist; it made a daunting task so much easier."

- Jeremy Burke

"I wanted to thank you again for all your help. I could not have done it without your wonderful expertise and guidance! You made a very difficult situation easier in so many ways! I am grateful to you for doing what you do to help families get through the challenges of placing a loved one. This was especially difficult without having family in the area. You are an angel!"

- Lorie Pelliccia

What Health Care professionals are saying—

"I have worked with HOME since its inception because of their housing expertise. HOME is dedicated, enthusiastic, and consistent. I use HOME because of their integrity, longevity and compassion."

- Barbara Onasch, Licensed Clinical Social Worker

"HOME gave us a quick response with a "can do" attitude. They were knowledgeable, prompt and considerate. HOME knows the industry and has a passion for the elderly".

- Dr. Barry Watson

Serving the Community since 1995

Sacramento
Placer
El Dorado
and Yolo Counties

"I wanted to thank you again for all of your help. I could not have done it without all your wonderful expertise and guidance! You made a very difficult situation easier in so many ways! I am so grateful to you for doing what you do to help families get through the challenges of placing a loved one. This was especially difficult without having family in the area. You are an angel!

—Lori Pelliccia

Housing Options Made Easy for elders

\$\frac{1}{2} \frac{1}{2} \text{S421 Auburn Blvd., } #190

Sacramento, CA 95841

Housing
Options
Made Easy for elders A FREE information and referral service for seniors and their families

Phone HOME (916) 977-0188

Fax 977-0488

Serving the Community since 1995!

Visit our Web Site:
housing-options.com
e-mail: home@housing-options.com