

# The Press-Tribune

## Active Living

### Free Home Referral Service for Seniors

*Serving the community since 1995*

With more than 800 senior care facilities in the greater Sacramento area, finding the right care for your spouse or parent can be challenging. That's why Janet Kelly founded "HOME", Housing Options Made Easy for elders in 1995. "Many families have relied on HOME's free assistance to find the right match since we opened." Kelly said.

Families save time and can be more confident about the choices they make because HOME does all the research. Clients appreciate the guidance and support during an emotional time.

The personalized, caring process that HOME uses to find care gets results. "I am forever grateful for the excellent work HOME provided in what was a very stressful time for me. I am so happy with the Almond Avenue residence," said Susan Mauro, a resident of Fair Oaks. "Their help was outstanding! Above all else, Marion is happy there."

Families appreciate the time HOME Gerontologist takes during the personal evaluation to identify seniors' special needs and preferences. In addition, medical records are reviewed.

Through discussion with the client, family and caregiver, HOME Gerontologist assesses medical conditions, level of functioning, mental capacity and overall needs, including

time frame, budget and desired amenities.

Based on specific housing and care needs, HOME researches facilities that fit the needs on a customized database of more than 800 facilities in five counties that have been reviewed by HOME staff. Once options are identified, they call facilities to confirm availability.

HOME specializes in offering alternatives to nursing homes and institutions. These options increase the quality of life for seniors and frequently cost less than traditional care.

The options are narrowed down by HOME to housing that is most likely to suit the senior. Then they provide a list of the best selections so the family can arrange a tour. HOME will even provide transportation or accompany the family on tours if necessary.

After discussing the results of the tours with HOME staff, the senior or family makes a selection. HOME is committed to providing the best choices to families and will explore additional options until the family is comfortable with its choice.

HOME continues to support the family during the relocation process by assuring that all pertinent information is communicated and coordinating details to make sure the transition goes smoothly.

Families interested in learning more about HOME's free referral services for senior housing in Sacramento, Placer, El Dorado, and Yolo Counties can call (916) 977-0188, Fax (916) 977-0488, e-mail: [home@housing-options.com](mailto:home@housing-options.com) or go on-line to the web site [housing-options.com](http://housing-options.com)



**Housing Options Made Easy**  
*for elders*

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